

**Spokane County Board of Commissioners  
Spokane County Adult Felony Drug Court Expansion  
Spokane, Washington  
TI13612**

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**B&D ID**

61102

## **PROJECT DESCRIPTION**

**Expansion or Enhancement Grant**—Expansion

**Program Area Affiliation**—Adult Drug Court

**Congressional District and Congressperson**—Washington 5 (Spokane); George R. Nethercutt, Jr.

**Public Health Region**—X

**Purpose, Goals, and Objectives**—The adult drug court’s purpose is to abate chemical dependency and crime among adults who have been arrested for and/or charged with a drug-related offense. Through adult drug court the target population will receive comprehensive strengths and needs assessments, chemical dependency treatment, and needed support services that will result in success of the participant both during and following substance abuse treatment. (page 14)

**Target Population**—The adult drug court serves a chemically dependent population of male and female adults, age 18 years and older, who reside in Spokane County, who are charged with a felony drug-related offense and who appear in Spokane County Superior Court (SCSC).

Individuals eligible to participate in adult drug court:

- Charged in Superior Court with possession of a Schedule I, II, or III controlled substance or forged prescriptions, or
- Charged with another felony offense that connected to the offender’s substance abuse (e.g., 1<sup>st</sup> and 2<sup>nd</sup> degree felony theft or possession of stolen property, trafficking in stolen property, or forgery)
- Who have no previous or current sex-related or violent offenses
- Who have no hold from another court jurisdiction for an offense that requires processing there

(page 13)

**Geographic Service Area**—Persons served will reside in Spokane County, Washington. (page 9)

**Drugs Addressed**—The adult drug court will address alcohol and other drugs. (page 15)

**Theoretical Model**—The adult drug court represents an empowerment model that includes comprehensive strength- and need-based adult assessments with emphasis on client and family strengths. The model incorporates the strengths of the individual (and family/significant others) into individual goal plans. The ITC model positions the client as the key partner in the goal planning process and results in ownership of the plan by the client/family. The adult drug court also rests philosophically on the social development model as developed by Hawkins, Catalano, and others in the 1980s and as refined during the mid and late 1990s. Clearly, enhancing protective factors and minimizing or reducing risk factors in the key life domains of adult drug court participants will facilitate treatment success. Furthermore, the ITC and social development models are incorporated into the structured drug court model, which includes an array of incentives or rewards and graduated sanctions applied to help the client to achieve and maintain recovery. (page 15)

**Type of Applicant**—County (application page)

## **SERVICE PROVIDER STRUCTURE**

**Service Organizational Structure**—The adult drug court program is a county agency service provider. (application page)

**Service Providers**—The adult drug court team consists of the following professionals: (a) Spokane County, (b) DOC CCO, (c) TASC case manager, (d) SPARC, and (e) providers of various ancillary services including Men’s Group (anger-related issues) and Women’s Group (abuse and related issues). The judge is the leader of adult drug court, with the project director responsible to ensure smooth day-to-day operations. (page 17)

**Services Provided**—Adult drug court is a year-long, very structured, five-phase program designed to help the client to successfully overcome chemical dependency. A respectable body of treatment research shows that longer time in treatment is associated with better outcomes. If the client shows up for the court re-appearance date, the judge reviews his or her activities, and if performance has been satisfactory the client is given the opportunity to opt into adult drug court. Individuals who opt out are scheduled for traditional prosecution. Individuals who opt in waive their right to a jury trial, stipulate to the information contained in the Affidavit of Probable Cause, and continue with the adult drug court program. Next, the individual returns to TASC for a global evaluation that includes a chemical dependency placement assessment using ASAM placement criteria. (pages 17-18)

**Service Setting**—The participants (those who opt in to ADC) will complete treatment [intense outpatient treatment (IOP, ASAM Level II.1) and /or outpatient (OP, ASAM Level I)]. (page 15)

**Number of Persons Served**—The adult drug court will use this Targeted Capacity Expansion award to provide 62 additional treatment slots annually. (page 17)

**Desired Project Outputs**—The adult drug court desired outcomes would be reflective of the following successes:

Success means the participant will:

- Receive chemical dependency and other strengths and needs assessments,
- Enroll in and complete IOP and/or OP treatment delivered by an experienced provider,
- Participate in opportunities to meet other needs (e.g., mental health, medical care, parenting skills, employment assistance, money management, nutritional planning, NA or AA support groups) and, specifically, anger management for males and expressive arts for females, and
- Remain chemically free and engage in no further criminal activity.

(page 14)

**Consumer Involvement**—There are five phases the client needs to adhere to in order to complete the program successfully. Each one of these phases requires complete involvement by the client. (page 19)

## EVALUATION

**Strategy and Design**—The adult drug court will use a pre-test/post-test comparison group design to determine the difference that the intervention (i.e., ADC services, referred to as the treatment or opt-in group) makes in contrast to traditional prosecution (i.e., referred to as the comparison or opt-out group). Data will be collected at Time 1 (eligibility for ADC participation determined), Time 2 (12 months following offender opt-in or opt-out), and Time 3 (8 to 12 months prior to exhaustion of TCE funds). (page 25)

**Evaluation Goals/Desired Results**—The evaluation will demonstrate degree of achievement of project objectives 1 and 4 on an annual basis. Effectiveness of objectives 2 and 3 will be determined at about the conclusion of Year 2, and final analysis of these and of objective 5 at about the conclusion of Year 3. If an objective is not achieved, a post hoc review and use of appropriate multivariate statistical techniques (e.g., multiple regression analysis) will be employed to determine what appear to be effective or ineffective activities or other causal factors. (page 29)

**Evaluation Questions and Variables**—The adult drug court project does not specify questions and variables to be used in the evaluation process. The applicant did explain the instruments to be used to collect data; the evaluation questions and variables ought to derive from these instruments.

**Instruments and Data Management**—The adult drug court's instruments from which data will be extracted are TARGET forms (Appendix 6) required by DASA of providers of publicly funded treatment and non-treatment activities, the criminal history records (WARTCH) maintained by the WSP, and client activities/services report forms completed by ADC team members and entered into CADL. (Appendix 6) The latter document client participation in treatment activities, case management meetings, support groups including AA/NA, appearances at court hearings set by the judge, showing for assigned UA/BA testing and results of same, etc. These are instruments completed by applicant organization and sub-recipient staff documenting client participation and program compliance. Cultural competence, age, and gender appropriateness do not appear to be an issue with the data extracted from these instruments (i.e., one either appears for a scheduled appointment or does not). (page 26)

Furthermore, the adult drug court will comply with GPRA and the collection of Core Client Outcomes at baseline and 6- and 12-month follow-ups. Procedures to ensure this compliance include collection of GPRA and Criminal Program Area data (Appendix 6) included in the job description of the program/GPRA data clerk (section F). The importance of collecting GPRA data is recognized. (page 29)

All evaluation data will be input and maintained at the office of INPD. The evaluator will assume primary responsibility for all phases of data handling. Data will be input by a data entry assistant trained to enter data for research purposes. The evaluator will ensure accuracy of data input, clean the data, secure confidentiality of the data, and make appropriate backup data files as necessary. Additionally, analysis will be done using the Statistical Package for the Social Sciences (SPSS). SPSS data system files will be created to generate all the required analyses. All evaluation data collection records and data will be retained for a period of 6 years following conclusion of the project, in locked storage. (page 29)